



# Survival Camp Personal Kit List

Version: 2.0



**EVERYONE - Please ensure that all items are labelled with your name.**

**Bring the following in proper luggage bags, rucksacks, or a small suitcase. Avoid using bin bags as they always split! Please be aware that you need to carry your kit approx. 200m from the cars to the tents. This list is to be used as a guide, please make sure you have enough spares of certain items.**

<b>Uniform</b>	<input type="checkbox"/> Wear your Scarf for arrival—don't need to wear uniform
<b>Clothing</b> <i>(for general camp wear, not your nicest clothes as they will get mucky, dirty and possibly muddy.)</i>	<input type="checkbox"/> Underwear - enough for all days and more! <input type="checkbox"/> Socks - enough for all days and more! <input type="checkbox"/> Shirts, T-shirts, Polo Shirts <input type="checkbox"/> Trousers, Shorts <input type="checkbox"/> Jumper / Fleece <input type="checkbox"/> Waterproof Coat <input type="checkbox"/> Night clothes   Pyjamas <input type="checkbox"/> Warm Hat and Gloves
<b>Footwear</b>	<input type="checkbox"/> Suitable Shoes / Trainers – That do not leak and may get dirty. <input type="checkbox"/> Waterproof Boots / Wellies
<b>Catering</b>	Following Items to be Unbreakable and All Labelled and within a Drawstring bag or similar: <input type="checkbox"/> Large Plate with an edge so food does not spill over, <input type="checkbox"/> Cereal Bowl <input type="checkbox"/> Mug / Cup with a Handle <input type="checkbox"/> Knife, Fork, Spoon <input type="checkbox"/> Tea-towel to dry up. <input type="checkbox"/> Refillable Water Bottle
<b>Personal Items</b>	<input type="checkbox"/> Day Rucksack - for activities away from site. Large enough for lunch, water bottle and coat etc. <input type="checkbox"/> Handkerchief / Tissues <input type="checkbox"/> Insect repellent <input type="checkbox"/> Small Personal First Aid Kit <input type="checkbox"/> A Few plastic bags or bin bags for Wet and Muddy Items to take home <input type="checkbox"/> Comics, Books, Playing Cards – for any 'chill' time <input type="checkbox"/> Head Torch with spare batteries – check it works beforehand <input type="checkbox"/> Cake to Share - Please send one cake per family or enough for 4/5 portions. If you have special dietary needs, please provide suitable alternatives marked with their name, and we will keep these separately.
<b>Sleeping</b>	Sleeping Arrangements will vary between sections and groups. Please check with your section leader if you need to provide a tent prior to the camp. <input type="checkbox"/> Sleeping Bag (Season 3 or above) + spare if you have one <input type="checkbox"/> Pillow <input type="checkbox"/> Sleeping Mat <input type="checkbox"/> Blankets (which can be your camp blanket) <input type="checkbox"/> Bivi or survival bag can be purchased from (Go Outdoors/ mountain warehouse/ <a href="#">Amazon</a> )
<b>Wash Gear</b> Items to be in a Wash Bag	<input type="checkbox"/> Flannel, Soap/shower gel, shampoo <input type="checkbox"/> Toothbrush & Toothpaste <input type="checkbox"/> Comb / Hairbrush <input type="checkbox"/> Towel <input type="checkbox"/> Sanitary protection (if required)
<b>Medication</b>	<input type="checkbox"/> Any Medication Required for example Full Inhalers, Tablets etc. <b>Please hand medication on arrival to the Leaders with instructions of use and with your name clearly marked on. If you need an Inhaler please bring a spare.</b>

**ELECTRICAL ITEMS SUCH AS MOBILES ARE BROUGHT TO CAMP AT THE OWNERS RISK, WE ADVISE NOT TO BRING THEM IN CASE THEY GET BROKEN OR LOST. However, items must not interfere with the activities involved and cause danger, for example, listening to music or wearing headphones whilst undertaking any activities or meal times. Any danger like this will result in items being confiscated.**

**DO NOT SEND YOUR CHILD WITH SWEETS, SNACKS OR FOOD. We do provide 3 meals a day plus snacks. We can offer alternative food choices for any 'Fussy' eaters. Many of our camps have young people with complex allergies and we need to ensure a safe environment.**

**Do not bring the following: Knives, Axes, Lighters, Matches, Flint and Steel, Laser Pens, Loud Music & Speakers, Energy Drinks. If these items are found in possession with any individuals they will be confiscated and potentially never returned.**